

Guardian Angels Parish

March 6, 2011

PARISH INFORMATION:

Pastor:
Rev. Rudolf D'Souza, OCD

In-Residence:
Fr. Mario Fernandes, OCD
St. Paul's Hospital Chaplain

Parish Secretary:
Riz Geronimo

Tel: 604 684-5775
Fax: 604 684-5757

Address:
1161 Broughton Street,
Vancouver, BC V6G 2B3

Website:
www.guardianangelsocd.org

e-mail:
office_guardianangels@shaw.ca

Office hours:
8:30 am – 4:00 pm
(Mon. & Tues.; Thurs. & Friday)

Church Open:
Mon. Tues, Thurs., and Friday
8 am to 4 pm(except onHolidays).

Church Closed:
Wednesday & Saturday after Mass

Liturgical Celebrations

Sunday Mass:
Saturday 4:00 pm (Anticipated)
Sunday 9:00 & 11:00 am; 12:30 pm

Weekday Mass Times:

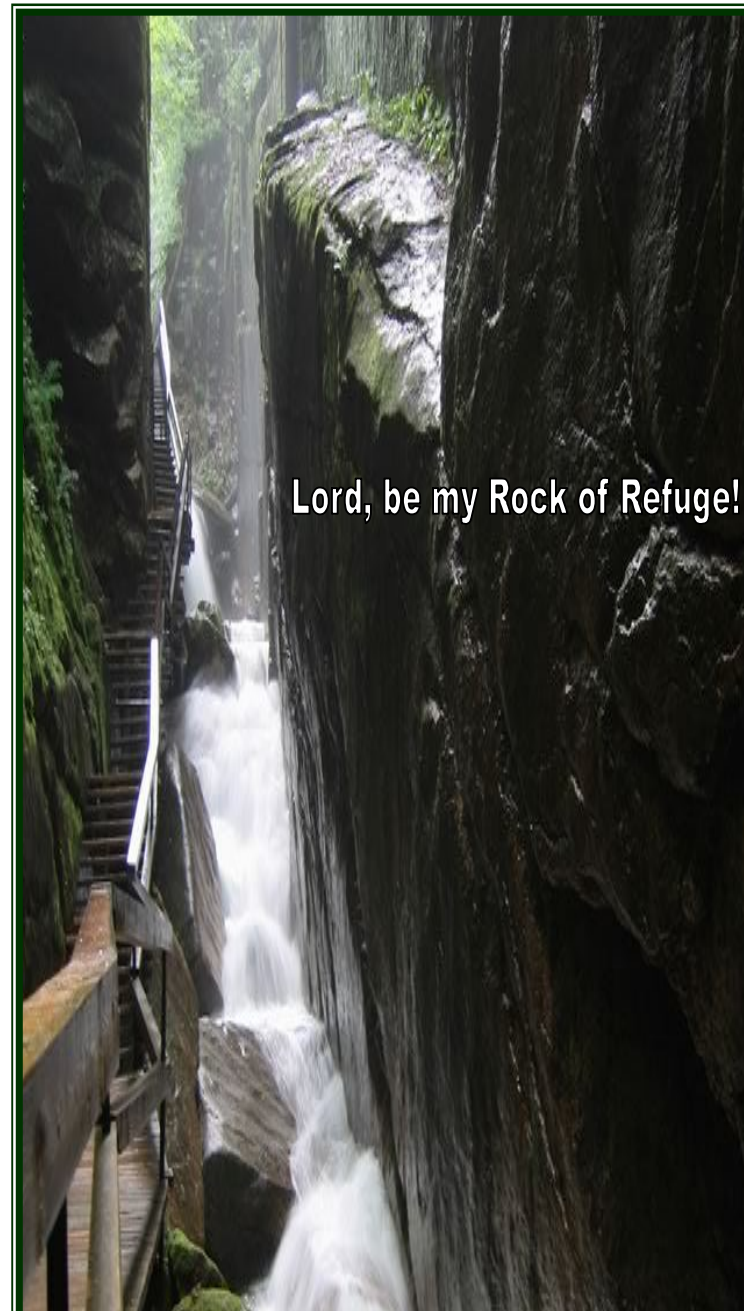
Monday	7:00 pm
Tuesday – Friday	8:00 am
Saturday	9:00 am
First Friday	7:00 pm

Devotions / Prayers :

Morning Prayers:
Tuesday-Friday 7:40 am
Sat. & Sunday 8:30 am
Mother of Perpetual Help:
Wednesdays 7:00 pm
Infant Jesus of Prague:
Mondays 6:30 pm
Divine Mercy Chaplet:
Sundays 1:30 pm

First Fridays:
All Day Adoration after morning
Mass; Benediction at 6:40 pm; Mass
follows at 7:00 pm

9th Sunday In Ordinary Time



Lord, be my Rock of Refuge!

“Everyone then who hears these words of mine and acts on them will be like a wise man who built his house on rock. The rain fell, the floods came, and the winds blew and beat on that house, but it did not fall, because it had been founded on rock.”

Lent begins this week on....

**ASH
WEDNESDAY**

Mass Intentions March 7 - 13

**Mon. : Int. of the Cruise &
Burstyn Families**
By: Teresa Talbot

Tues.: Int. of Richard A. White
By: Teresa Talbot

Wed. : +Mary Cunneen+
By: Patrick Cunneen

Thurs: Int. of Lily De Guzaman
By: Mendoza Family

Friday: Int. of Frank Hegel
By: Joanne Power

**Saturday:
9 am: +James Edward Patrick+**
By: Vivian Coubarakis

4 pm:+Rosemarie Mascarenhas+
By: Theresa Dagenais

**Sunday:
9:00 am: +Christina Watt**
By: Family

11:00 am: +Chris Gabbas+
By: Family

**12:30: Int. of Guardian Angels
Parish**

LENT BEGINS ON...

Here in our Parish...

Save the date !

Sunday, May 1, 2011

Divine Mercy Sunday
and theBeatification of
John Paul IIEucharistic Celebration at
2:30 p.m. at the
Holy Rosary Cathedral
followed by a reception in
Rosary Hall.
More details soon.

Scriptural Readings

This Week

Mon, March 7– Sts. Perpetua & Felicity
Tobit 1:1,2,3,17; 2:1-8; Psalm 112;
Mark 12: 1-12Tues March 8: St. John of God
Tobit 2: 9 – 3:1; Psalm 112
Mark 12:13-17Wed, March 9—ASH WEDNESDAY
Joel 2:12-18; Psalm 51; 2Cor. 5:20-6:2
Matthew 6:1-6, 16-18Thurs, March 10 - Ferial
Deut. 30:15-20; Psalm 1;
Luke 9:22-25Fri, March 11 -- Ferial
Isaiah 58:1-9; Psalm 51;
Matthew 9:14-15Sat., March 12- Ferial
Isaiah 58:9-14; Psalm 86;
Luke 5:27-32ASH WEDNESDAY
MARCH 9There will be two Masses on
Ash Wednesday—one at 8:00
am and another at 7:00 pm.**AS LENT BEGINS...**there
are 3 simple - and sensible -
things to do:**Pray** - find that quiet, private
space where you can be alone
with your thoughts and alone
with God. It could be when
you go for a walk, or while
folding laundry, or working on
a hobby, or on a bus commute.
Taking time for yourself isn't
selfish; it is about making room
in your life to nurture your
relationship with God.**Fast** - Think about what you
eat and drink, and why. Try to
make healthy choices andsupport local producers. If you
are able, take a short pause
from consuming your favorite
foods. Take an objective look
at your **words** and **actions**.
Consider fasting from *criticism*,
impatience, *inflexibility*. Thought-
ful **self-denial** cleanses both
the body and the spirit.**Give Alms**— With a generous
spirit, share what you have
with those who have less. And
share often. Know that acts of
justice and compassion bless
both the giver and the recipi-
ent.Three simple things: prayer,
fasting and almsgiving. They
stand the test of time because
they are pleasing to God and
they are good for us as well.

By: Susan Eaton, NS

STATIONS OF THE CROSS

- **PRAYERS every Friday at
6:30 pm starting on March 11th.**
Everyone is reminded that during
the season of Lent, we do not put
flowers inside the Church.SINGERS FOR OUR
CHOIRWe need more volunteers
(adults and children) to
sing in the choirs! No need to be an
expert, but just be able to carry a
tune. Please call Shannon
@778.998.4738 to meet and have
a little try- out. Thanks!SENIORS' TEA AT 3 -
on Thursday, March 10will be held as usual in the Rectory
Hall (Basement). Please RSVP to
Cecile Bozyk at 604 683-0143 if
you are attending.

Pastor's Corner 9th Sunday in Ordinary Time

Am I Discerning God's Will For Me? Jesus is speaking about leaders—present or future—in His Church who prophesy, cast out demons, and accomplish deeds of power in the cause of Christ without stopping to reflect on whether we are obeying Jesus. We may be busy with our respective ministries / services in the Church while neglecting people; busy preparing sermons while neglecting prayer, or doing great things in Jesus' name while neglecting Jesus. We should not forget the fact that doing the Father's will is crucial to salvation. Doing the Father's will means, to all Christians - leaders and followers alike, the practice of the beatitudes (Mt 5:2-11). Doing the Father's Will also requires all of us **(1)** to let His light in us shine forth so that people may see our good works and give glory to the Father (5:16); **(2)** to keep and teach the commandments (5:17-20); **(3)** to deal with anger and to resolve conflict (5:21-26); **(4)** to maintain proper marital relationships (5:27-32); **(5)** to act in generous and loving ways -- even toward our enemies (5:38-48); **(6)** to give alms and to pray in secret (6:1-6); **(7)** to forgive (6:14-15); and **(8)** to refrain from judgment (7:1-5).**Profession of Faith Plus Faith in Action:** Sincerity in a Christian can be demonstrated not by what he says, but by what he practices. Fine words can never be a substitute for fine deeds. There is a very big difference between paying lip-service to something and really living it out. Some of us may say that we are followers of Jesus, but our lives do little to show we are. Jesus tells us that those who talk the talk without walking the walk will not enter the kingdom of heaven. Receiving, reading, researching, remembering, and reflecting on the Word are all useless if we fail to put them into practice. A Christian should not be like some politicians, car dealers or advertising executives whose talk is cheap and whose promises are not to be trusted or taken seriously. There is only one proof of love, and that proof is obedience to God's Word. Faith without practice is a contradiction in terms, and love without obedience is an impossibility. We may deceive men with our words, but we cannot deceive God who reads our hearts. That is why St. James advises us, "Be doers of the Word, and not hearers only, deceiving yourselves" (James 1:22)

(continued on page 4)

Archdiocesan News / Events



Father of goodness and love, hear our prayers for the sick members of our community and for all who are in need. Amid mental and physical suffering may they find consolation in your healing presence. Show your mercy as you close wounds, cure illness, make broken bodies whole and free downcast spirits. We pray for the sick and infirm priests, our brothers and sisters,

Hassiran Hakim, Li Ming Yao, Mao Mao Chen, Elizabeth Walton, Barry McDermott, Dick Herring, Eddie Bilek, Margaret Stepler, Lucille Johnston, Ralph Milburn, Marjorie McLaughlin, Milta Rapalo, Ida Brown, Sonja Lawrence, Colleen Mason, Jara Asterova, Ollie Korinetz, Zenaida Nicolas, Doreen Millburn, Helena Glavot, Zeenith Garay, Florence Nichols, Joanne Borrys and all the sick / shut-ins of our Parish whom we may not know by name.

May these special people find lasting health and deliverance, and so join us in thanking you for all your gifts. We ask this through our Lord Jesus who heal those who believe. Amen.

Information Meetings on Permanent Diaconate

Archbishop J. Michael Miller and Monsignor Gregory Smith will be conducting information meetings on Permanent Diaconate - Mar. 15 - 7:30 p.m. at St. Helen's Parish, 3860 Triumph St., Burnaby and on Apr. 2 - 2 p.m. at St. Andrew Kim Parish, 10222 - 161st St., Surrey.

Music for Lent with HRC Choir and Organ

A Lenten Meditation with sacred music performed by the Cathedral choirs and organists will be held on Mar. 11 - 8 p.m. at the Holy Rosary Cathedral, Richards & Dunsmuir, Vancouver. By donation. More info: <http://hrc.rcav.org/Concert-Series/index.htm> 604-682-6774.

Go Ahead, Ask

Smart Ask: Round Two - Everything you always wanted to know about Catholicism and were afraid to ask. You just might be surprised at the answer!

Mar. 15, starts at 6 p.m. with pizza dinner at St. Mark's College, 5935 Iona Drive. Contact: stmarks.campusministry@gmail.com or 604.822.4463

Freedom - Reconciliation Event for Youth

Friday, Mar. 11, from 7:30 p.m. to 10:30 pm at St. Joseph's Parish, Langley. Make plans to join us for Freedom, the original reconciliation event for youth and young adults offered by the Office of Youth and Young Adult Ministry. Open to high school teens and young adults, all participants will experience first-hand the healing power of Christ through music, prayer, testimonies and teachings, and the Sacrament of Reconciliation. For more information, please visit www.ooyam.com.

Retreat for Catechists at Westminster Abbey

The Office of Religious Education sponsors an annual retreat for catechists pursuing an archdiocesan catechetical certificate in RCIA and PREP. Held March 25 - 27 at Westminster Abbey in Mission, the *Jesus the Teacher Retreat for Catechists* will be led by Fr. James Hughes, assisted by Kyle Neilson of the O.R.E. Cost: \$150. Call 604-683-0281 or visit www.rcav.org/ore for registration information.

'Come and Rest Awhile'

A retreat by Madonna House for all in need of spiritual renewal and rekindling, especially for weary pro-lifers, will be held on Mar. 26 - 8:30 a.m. to 4 p.m. at Rosemary Heights Retreat Centre, 3690 - 152nd Street, Surrey. Retreat consist of conferences, Mass, Confession and Stations of the Cross. Cost is \$35 per person includes coffee break and lunch. To register call the Respect Life Office at 604-443-3220. Deadline is Mar. 21.

Explore the Rich Sunday Scriptures A Retreat Day - dive Into Lent by exploring the rich Sunday scriptures of Year A Liturgical Cycle with Sr. Monica on Mar. 12, 9:30 to 4 p.m. at the Cenacle, 5989 MackenziE St. Call 604-266-1611.

A Gentler and Kinder World for Our Children

Fr. Vincent Travers, O.P., former pastor of St. Mary's, will present "Cherishing and Protecting Children", a seminar for anyone who is interested in creating a world where only good things happen to children and vulnerable adults. Following the presentation there will be time for anyone who wishes to raise issues of concern. Mar.15 - 7p.m. at St. Mary's, Vancouver.

Stewardship Reflection

**9th Sunday in Ordinary Time
March 6**

Our Lord gives us two distinct commands today. We must listen and we must act. We listen when we participate in Mass. We act when we participate in the ministry of the parish. We need to do both for a strong foundation. Participating more fully in the liturgy and life of the parish may require some changes on our part. We may have to move away from our current lifestyle so that we can move closer to God.

Stewardship Office,
The Archdiocese of Winnipeg,
www.archwinnipeg.ca



Spring BAZAAR

ANNUAL SPRING BAZAAR AND RAFFLE- May 14 & 15

We are soliciting donations of collectables, decors, bed /bath, house wares & small appliances in good working condition, saleable fashions jewelleries, handbags, shoes and other accessories to sell at our annual bazaar fundraiser. Please deliver your donations to the Rectory Basement between 10:00 am to 2:00 pm PROCEEDS from this event will go to our Fund for the Local Poor. As in the past years, we look forward to your support and cooperation for this annual event. Pls. contact Cecile at 604 683-0143 for more details.



KNIGHTS OF COLUMBUS

To all parishioners: Please don't forget to donate your used stamps or change to the Knights of Columbus box found in the Church vestibule. All proceeds are fully donated to Vocations programs in the Archdiocese.

Interested in becoming a Knight and serving your Parish and community? Please contact Sean Hinton, Grand Knight, at 604-374-0172 for more information.

PASTOR'S CORNER continued

The obedient wise man and the disobedient fool

Jesus presents the spiritual and moral values of His kingdom in the Sermon on the Mount, and He concludes His teaching with the wise words of an experienced carpenter. He contrasts a wise man who practices what he believes and a fool who does not practice his religious beliefs, using the images of a man who built his house on firm rock and another who built his house on loose sand in summer, right in the rainy season flood-plain of a river. Here Jesus speaks as an experienced carpenter and architect, advising us on the first principle of construction -- to establish a solid foundation. Only a house whose foundations are firm can withstand the storm, and only a life whose foundations are sure can stand the test. The two builders sum up two ways - the way of perfect righteousness and the way of self-righteousness. On the Day of Judgment, one will stand and one will fall. The metaphor also suggests that God does not shelter Christians from life's storms (illness, accidents, death, job-loss, etc.). But our strong, trusting faith can reduce our stress-level and our prayers can, in some circumstances, lead to miraculous cures. Christians, like everyone else, must be prepared to live through the storms and tragedies that are common to mankind, but Christians need never suffer them alone and unaided.

God bless you,
Fr. Rudy



Congratulations to:

Ewelina Postolska & Arvand Kurty

Who were united in the Holy Sacrament of Matrimony this weekend.



Safeway

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